

AEES Celebrates International Yoga Day - 2016

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2nd International Yoga Day was celebrated with great enthusiasm at Atomic Energy Education Society on June 21, 2016.

The celebrations spanned all over 30 Schools and Junior Colleges governed by AEES located in 10 States in India. Yogasanas including Pranayam were performed under the guidance of learned yoga experts in which students of various age groups, teachers including Principals, Vice Principals and HMs and other staff members participated enthusiastically. A separate programme was arranged at the Central Office, AEES where all the administrative staff, academic staff, Chairman, AEES and Secretary, AEES participated. All the yogic exercises were conducted as per the 'Common Yoga Protocol' issued by the Ministry of AYUSH. The entire student fraternity, teaching fraternity and administrative fraternity showed great vigor and enthusiasm and the programme has succeeded in its mission creating increased awareness and interest in Yoga.



"When you aspire to know your inner-self"
The Officers and Employees of AEES are enjoying yogic asanas



"Making the body touch the soul"
Students of one of the AEC School performing yogic exercise



"The elders getting the taste of Yoga"
The Officers and Employees of Central Office AEES performing yogic



Getting refreshed through yogic exercise
AEES employees performing Yoga Asanas



"When the school becomes the yogic patshala"
The boys of one of the AEC schools performs yogic exercise

