CHAPTER 10 REACHING THE AGE OF ADOLESCENCE

CLASS VIII SCIENCE

WORKSHEET MODULE 1

I MULTIPLE CHOICE QUESTIONS

1. Adolescence is the period of

a) 5 to 10 years b) 11 to 19 years c) 22 to 28 years d) 30 to 40 years

2. Initially girls grow--------------than boys.

a) Faster b) Slower c) Both of these d) None of these

3. Puberty age in girls is

a) 10 to 12 years b) 12 to 14 years

c) 8 to 10 years d) More than 14 years

4. Children gain height during

a) Adolescence b) Endocrine c) Balance food d) Menarche

II Answer the following questions:

5. List all the changes that occur during puberty. Explain in brief.

6. What is adolescence?

7. What is puberty?

8. Write the factors on which the height of a person depends.

9. What is the rate of increase in height in adolescence ?

10. A boy is 9 years old and 120 cm tall. Calculate the height of the

boy at the end of growth period.

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